



# Cushing's Disease

Owner Logbook



## Owner logbook

This logbook provides a simple and easy way to record how your dog is progressing with Vetoryl treatment. Through effective treatment it is possible to improve your dog's quality-of-life, restore their health and reduce the risk of your dog developing other conditions.

**Over time, you can expect to see improvements in your dog's clinical signs of Cushing's**

It is important to keep track of these changes to help your vet assess your dog's response to treatment. There are four main clinical signs to monitor:

### Drinking and urination

- Cushing's commonly makes dogs drink more water and urinate more

### Appetite

- The excess steroids produced by Cushing's disease make dogs really hungry

### Appearance

- Hair: Some dogs with Cushing's will lose their hair or it will become dry and brittle
- Skin: Cushing's dogs often have dry and flaky skin that might appear thin and tight
- Pot belly: Your dog may look to have a rounded appearance around their waist

### Attitude / activity

- Cushing's can cause weakness and lethargy. After starting treatment, your dog will start to become more themselves again and back to doing what they enjoy

## How can I help my vet?

It is very important for your vet to have a clear picture of how your dog has been doing on their medication, whether they still have signs of Cushing's and that they are improving as should be expected. At each monitoring check-up, your vet is tailoring your dog's medication and ensuring they are having the right dose to manage their symptoms.

Also your vet needs to make sure your dog is not showing any signs of being unwell when on their medication.

**If your dog develops any signs of illness while on Vetoryl including lethargy, vomiting, diarrhoea and loss of appetite, stop treatment immediately and contact your veterinary surgeon as soon as possible.**

To help you monitor your dog's progress, please complete the Cushing's Clinical Score regularly before every recheck consultation with your vet.

## Quality-of-life assessment

Periodically your vet may also ask you to complete a quality-of-life questionnaire, that focusses more on the impact of the disease on you and your dog.

Questions revolve around the areas of your dog's thirst and hunger, urination, weight, mood, energy, play, coat condition, skin condition, mobility, daily routine and the bond with yourself.

Quality-of-life questionnaires are included at the rear of this logbook to be completed every three months. This will help you provide the information to your vet.





# Cushing's Clinical Score

These are the important clinical signs to monitor in a dog with Cushing's disease.

This logbook will help you keep a track record of your dog's Cushing's Clinical Score.

It is important that you provide your vet with the following information each time you visit:



## Drinking and urination

- 0 = Drinks and urinates a normal amount
- 1 = Possibly drinks and urinates more than is normal
- 2 = Noticeably drinks and urinates more than is normal
- 3 = Constantly drinks and urinates



## Appetite

- 0 = Eats a normal amount
- 1 = Finishes food more eagerly
- 2 = Finishes food more eagerly then begs for more
- 3 = More obsessed with food than ever



## Appearance

- 0 = Appearance is normal
- 1 = Slightly poor hair and skin quality
- 2 = Poor hair and skin quality and/or a slight pot belly
- 3 = Substantial hair loss and/or a noticeable pot belly



## Attitude/Activity

- 0 = Activity and attitude is the same as normal
- 1 = Not quite themselves
- 2 = Not themselves and/or panting at rest
- 3 = Not at all themselves, weak and/or constantly panting

More information on the Cushing's Clinical Score is available at [www.canine-cushings.co.uk](http://www.canine-cushings.co.uk)

















# Cushing's Quality of Life Questionnaire

	Never	Occasionally	Often	All the time
<b>CLINICAL IMPACT</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
My dog is excessively thirsty				
My dog urinates in the house				
My dog is excessively hungry				
My dog pants excessively				
<b>DOG'S DEMEANOUR</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
My dog is depressed and quiet				
My dog has no energy				
My dog doesn't want to interact with other people/dogs				
My dog is reluctant to play with me				
My dog seems disorientated/confused				
<b>PHYSICAL IMPACT</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
I struggle with my dog's weight				
My dog's hair coat is in a poor condition				
My dog's skin appears to be uncomfortable (e.g. dry/tight)				
My dog appears to be in a poor physical condition (e.g. muscle loss/pot bellied)				
My dog struggles to walk very far				
<b>OWNER IMPACT</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
I worry about the future health of my dog				
Mine and my dog's daily routine is disrupted				
I feel I am struggling to manage my dog's health				
I feel the bond between me and my dog is lacking				
I feel my dog's appearance attracts negative comments				
<b>DATE</b>				<b>TOTAL SCORE</b>

# Cushing's Quality of Life Questionnaire

	Never	Occasionally	Often	All the time
<b>CLINICAL IMPACT</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
My dog is excessively thirsty				
My dog urinates in the house				
My dog is excessively hungry				
My dog pants excessively				
<b>DOG'S DEMEANOUR</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
My dog is depressed and quiet				
My dog has no energy				
My dog doesn't want to interact with other people/dogs				
My dog is reluctant to play with me				
My dog seems disorientated/confused				
<b>PHYSICAL IMPACT</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
I struggle with my dog's weight				
My dog's hair coat is in a poor condition				
My dog's skin appears to be uncomfortable (e.g. dry/tight)				
My dog appears to be in a poor physical condition (e.g. muscle loss/pot bellied)				
My dog struggles to walk very far				
<b>OWNER IMPACT</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
I worry about the future health of my dog				
Mine and my dog's daily routine is disrupted				
I feel I am struggling to manage my dog's health				
I feel the bond between me and my dog is lacking				
I feel my dog's appearance attracts negative comments				
<b>DATE</b>				<b>TOTAL SCORE</b>

# Cushing's Quality of Life Questionnaire

	Never	Occasionally	Often	All the time
<b>CLINICAL IMPACT</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
My dog is excessively thirsty				
My dog urinates in the house				
My dog is excessively hungry				
My dog pants excessively				
<b>DOG'S DEMEANOUR</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
My dog is depressed and quiet				
My dog has no energy				
My dog doesn't want to interact with other people/dogs				
My dog is reluctant to play with me				
My dog seems disorientated/confused				
<b>PHYSICAL IMPACT</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
I struggle with my dog's weight				
My dog's hair coat is in a poor condition				
My dog's skin appears to be uncomfortable (e.g. dry/tight)				
My dog appears to be in a poor physical condition (e.g. muscle loss/pot bellied)				
My dog struggles to walk very far				
<b>OWNER IMPACT</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
I worry about the future health of my dog				
Mine and my dog's daily routine is disrupted				
I feel I am struggling to manage my dog's health				
I feel the bond between me and my dog is lacking				
I feel my dog's appearance attracts negative comments				
<b>DATE</b>				<b>TOTAL SCORE</b>



**For more information about Cushing's Disease visit:  
[www.canine-cushings.co.uk](http://www.canine-cushings.co.uk)**

VETORYL: Vetoryl contains trilostane

Dechra Veterinary Products A/S, Mekuvej 9, 7171 Uldum, Denmark  
Dechra Veterinary Products A/S is a trading business of Dechra Pharmaceuticals PLC

[www.dechra.com](http://www.dechra.com)

©Dechra Veterinary Products A/S

March 2020

